

City of London Parks & Recreation Youth Basketball

Overview

All announcements will ONLY be made on the London Parks & Recreation Facebook page. Please like our page for updates.

Sign Ups

Registration forms are available at the following locations in London:

- The City of London Mayor's Office, 6 East Second Street
- The City of London Auditors Office, 102 S. Main Street
- The City of London Board of Public Utilities office, 100 S. Main Street
- Mabe's Sporting Goods, 18 S. Main Street
- Forms can be printed from the London Parks and Recreation Facebook page
- **All forms can be submitted to the Mayor's Office or faxed to 740-852-7028.**

Payments

- Payments can be mailed or dropped off at the Mayor's Office, 6 East Second Street.
- Payments can be made using a credit card via phone by calling the Mayor's Office at 740-852-3243.

Try-outs

- Try-outs will take place on Monday, November 21 and Tuesday, November 22 at 6:00pm. Times for each division will be announced by Friday, November 18.
- Each player will be assessed based on their skill level and each participant will be assigned to a team.
- It is our goal to assign each participant to a team to create a common competitive environment for all teams and participants.

Practices and Games

- Participants will be assigned to teams and practices will begin Monday, November 28, 2016.
- Practice times will be at 6:00/7:00/8:00pm, Monday through Thursday.
- Teams will be scheduled to practice for one hour twice a week.
- Games will take place on Saturdays beginning December 10, 2016. Games will begin at 8:00am on December 10, 2016.
- See attached calendar for the season schedule.
- The focus will be on fundamentals, helping the kids better understand the game. Practices will consist of 30 minutes of ball handling, 30 minutes of shooting and game situations on the main court.
- The number of participants determines the number of players on a team, the total number of teams
- and the divisional breakdowns. We strive to create a fair, positive and competitive environment for all.

Divisions

Division I - Grades 5 and 6

- Participants will shoot on a 10ft. basket.
- Games will run sideways with 2 games playing at a time.
- Normal free throw line distance.
- The clock continues to run if team is 15 points ahead.

Division II - Grades 2, 3 and 4

- Participants will shoot on a 9ft. basket.
- Normal free throw will be 1 foot in front of the regulation free throw line.
- Games will be played full court.
- Clock continues to run if team is 10 points ahead.

Division III - Kindergarten and Grade 1

- Participants will shoot on 8 ft. baskets.
- Normal free throw will be 2 foot in front of regulation free throw line.
- Players can only play man to man inside the 3-point line.
- Clock continues if 10 points ahead.

All Divisions must adhere to the following rules:

- There will be 15 minute halves with a running clock. The clock will stop running at dead ball whistles during the last two minutes of the half.
- There will be a five-minute half time.
- Teams must play man to man inside the 3-point line and will move to $\frac{3}{4}$ of the court and full court when they understand man to man play.
- Teams cannot hold the ball if a team is guarding inside the 3-point line. They must continue to try to score.
- Fouls will follow the OHSAA rules of 5 fouls.
- Overtime will consist of a 5-minute quarters. The game results in a tie if the score is still even at the end of the overtime quarter.
- The coaches 1st technical of the league results in sitting the rest of the game. The 2nd technical results in a game suspension. The 3rd results in the coach being suspended for the rest of the year.
- Players 1st technical results in in sitting the rest of the half. The 2nd technical will result in missing the next game. A 3rd technical will result in removal from the league.